

## OUR RELIABLE FORECAST\* 2025

- The economy/market will do something that surprises us
- Investors who watch the market often will experience more stress than those that don't
- While we can't predict the future, all will seem obvious in hindsight
- You will be tempted to abandon your plan at some point based on expert forecasts and/or short-term performance
- Investors that focus on those things that they can control will have a better investment experience than those that focus on what they can't control nor predict
- Investing with your gut, or feelings, will result in lower returns and higher stress than if you remain disciplined to your financial plan
- Not looking, aka "strategic ignorance", will result in less stress and greater personal enjoyment than watching the market on a day-to-day basis

\*Because it was the same last year and will be the same next year